



GOJU KARATE AUSTRALIA

Sensei – Scott Read
Kangaroo Point Dojo
48 Linton Street
Kangaroo Point Office 07 3391 0666
Mobile 0417 796 538
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AUSTRALIAN GOJU KAI KARATE PRE-TRAINING QUESTIONNAIRE

First Name Surname.....

Address

Suburb..... Post Code.....

Telephone (H)..... (W)..... (M).....

Emergency Contact..... Telephone

Age..... Sex: F / M (please circle) Date of Birth.....

Email Address

Occupation

What is your most important training goal? (Please tick)

Fitness Weight Loss Sport Self Defence Other (please describe).....

How did you hear about us? (Please tick)

Friend Pamphlet Yellow Pages Newspaper Internet Other

MEDICAL HISTORY

Do you have/have you ever had? (Please tick any that apply)

Diabetes Asthma Stroke Heart trouble

Major injury (Please describe).....

Arthritis Osteoporosis Thyroid Liver/kidney disease

Any other diseases/conditions

Do you experience?

Chest pains Shortness of breath Faint/dizziness Breathing difficulty

Edema (swollen ankles) Heart Palpitations Sharp pain in legs Fatigue Heart murmur

Please list any medication you are taking (if applicable)

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Risk Factors

Smoker M:over 41/F: over 51 High blood pressure No regular exercise Heart attack/disease in family

If you have answered yes to any of the medical questions or risk factors, please seek advice from your doctor before starting classes with Australian Goju Kai Karate, or sign here if the condition has already been CLEARED BY YOUR GP

Signature..... Date

In consideration of Australian Goju Kai Karate allowing access to the centres', the entrant hereby releases and forever acquits and discharges Australian Goju Kai Karate, their staff, volunteers and agents from all liability whether personal or to property occasioned to the entrant, the entrant's property and/or any minor in the entrant's care or control, no matter howsoever occasioned in or about Australian Goju Kai Karate training centres.

Signature..... Date



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APPLICATION FOR MEMBERSHIP/DECLARATION

Please carefully read the following:

- 1) I the undersigned, in consideration of and as a condition of acceptance of my entry in the above school for myself, my heirs, executors and administrators, hereby waive all and any claims, right of cause or action, which I or they might otherwise, arise out of any loss of life or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of or consequent upon my entry or participation in the said school.
- 2) This waiver, release and discharge shall be and operate separately in favour of all persons, corporations and bodies involved or otherwise engaged in promoting or staging the event and the servants, agent, representatives and officers of any of them.
- 3) In consideration of being permitted to take part in any karate activities organized by Australian Goju Kai Karate whether intra club or inter club or in any training sessions connected therewith, I/We agree to release Australian Goju Kai Karate from and against all liabilities, claims, losses, damages costs and expenses of whatever nature, howsoever occurring which may accrue against or be suffered by the Australian Goju Kai Karate arising out of, or connected with my participation in the karate activities regardless of the form of action, whether in contract, tort (including negligence), breach of statutory duty or otherwise and including (without limiting the generality of the foregoing) any action arising out of:
 - (a) The state or condition of the Australian Goju Kai Karate premises used to conduct the karate activities.
 - (b) The equipment used by Australian Goju Kai Karate in the conduct of its karate activities, or the conduct of other persons participating in the karate activities.
- 4) Voluntary assumption of risk — You undertake an activity at your sole risk and acknowledge and voluntarily accept the risk consequent with the activities.

DECLARATION

I have fully read and understand that Australian Goju Kai Karate accepts no responsibility for any injuries incurred and I agree to abide by all of the rules and regulations expected as a student therein.

I will adhere to the *Student Creed of Australian Goju Kai Karate* (available online at www.gojukarateaustralia.com.au)

Name of Applicant..... Signature

(If under 18 years of age) Signature of Parent or Guardian

Date

Signature of Instructor.....